

Commonly Asked Questions

How will the LipiFlow Treatment help me?

The LipiFlow Thermal Pulsation System effectively removes blockages of the meibomian gland utilizing a patented algorithm of heat applied to the inner eyelids and massage. Removal of the gland blockages is essential to improve gland function and reduce the progression of MGD.

Is the treatment painful?

No, a numbing drop will be applied to your eyes prior to the start of the treatment. The treatment requires insertion of a high tech single use scleral cup which protects the actual eye from direct heat or pulsation. The cornea is therefore protected for the duration of the 12-minute treatment, while heat and pulsating massage work to melt hardened meibum and evacuate the glands. Patients have stated that treatment feels like a comfortable, warm massage to the eyelids.

What symptoms will I experience after the treatment?

You MAY experience some mild eye symptoms (*e.g., burning, stinging, tearing, itching, discharge, redness, foreign body sensation, visual disturbance, sensitivity to light*) following the treatment.

Because the treatment is evacuating the glands of oil and resetting them to begin normal oil production again, you should expect to experience a period of temporary dryness while the glands work to produce healthy oils again. We will provide a recommended eye drop will provide lubrication during any temporary period of dryness.

Can I return to normal activities?

Yes, you may return to your daily activities immediately following the treatment. You will not need a driver to accompany you.

Can I expect immediate dry eye relief?

Most patients feel relief within 1-4 weeks. Approximately 80% of patients reported an improvement in symptoms by this time, but your outcomes will depend on the degree of severity of your MGD progression. This is an interventional treatment with the purpose being preservation of the glands you have left and preventing further permanent scarring and gland loss.

How long does the treatment last? Are the LipiFlow results permanent?

There is **No Cure** for Dry Eye or MGD. Nearly 90% of patients reported a 50% reduction in symptoms and MGE 3-fold increase in gland function, 1 year after receiving treatment.

Over time, the meibomian glands may become blocked again because of continued evaporative stress, which is caused by infrequent blinking from modern lifestyles and leads to thickening of the gland secretions and blockage of oil production. Again, depending on your degree of compromised gland structure, additional treatments may be necessary.

For additional information, please visit www.TearScience.com.